

ORAL TEST FOR COLOR BELT

White Belt

- * What do you learn from this school?
-Tae kwon do, sir.
- * What is Three rules of concentration?
-Eyes focus, Mind focus, Body focus, sir.
- * What does Chah-Reht mean?
- Attention, sir.
- * What does Gyung-Ryut mean?
- Bow, sir.
- * What is your goal?
- My goal is to achieve white Sr Belt, sir.

White Sr Belt

- * What is the name of this school?
-TKS Martial Arts Center, sir.
- * What does TKS mean?
-Taekwon Story, sir.
- * What does Joon-Bee mean?
- Ready, sir.
- * What does Ba-Ro mean?
- Go back to Ready, sir.
- * What is your goal?
- My goal is to achieve Yellow Belt, sir.

Yellow Belt

- * What does An Young Ha Sae Yo mean?
- Hello, sir.
- * What does Gam Sa Ham Nee Da mean?
- Thank You, sir.
- * What does Dobok & Ddee mean?
- Uniform & Belt, Sir.
- * Why do you bow?
- To show respect, sir.
- * What is your goal?
- My goal is to achieve Yellow Sr Belt, sir.

Yellow Sr Belt

- * What does Kwan Jang Nym mean?
- Grand Master, sir.
- * What does Sa Beom Nym mean?
- Master, sir.
- * What is Kwan Jang Nym's name?
- Grand Master Jun Hee Lee, sir.
- * What is Sa Beom Nym's name?
- Master Young Bin Kwak, sir.
- * What is your goal?
- My goal is to achieve Green Belt, sir.

ORAL TEST FOR COLOR BELT

Green Belt

- * True Student.
- 1. Loyalty to the school & instructor
- 2. Good martial arts attitude
- 3. Student harmony
- 4. Good attendance
- 5. Clean technique

Green Sr Belt

- * What is Tae Kwon Do?
 - The Korean Martial Art and Olympic sport, sir.
- * What does Tae Kwon Do mean?
 - Tae means foot or kicking, Kwon means fist or punching, and Do means way of life, sir.

Blue Belt

- *What is a bow?
 - The bow is the Korean form of greeting.
 - There are two types of greetings: standing and kneeling, sir.
- *When do you bow?
 - We bow upon entering and leaving the Dojang.
 - We bow to the flag at the beginning and end of class.
 - We bow to the Master, instructor and Senior belt students, sir.

Blue Sr Belt

- * Student Creed
- 1. To build ourselves physically and mentally.
- 2. To build friendship with one another and to be a strong group.
- 3. Never fight to achieve selfish ends but develop might for rights, sir.

ORAL TEST FOR COLOR BELT

Red Belt

- * What is Kihap?
 - A yell with concentration of spirit, sir.
- * Why do you Kihap in Taekwondo?
 - To develop spiritual strength with concentration, power, and confidence, sir.
- * How do you Kihap?
 - The Kihap comes from the "Dan-Jeon," which is the lower part of your stomach. The Kihap must be with spirit, sir.

Red Jr Belt

- * Tenets of Taekwondo
 - Courtesy (Ye Ui)
 - Integrity (Yom Chi)
 - Perseverance (In Nae)
 - Self Control (Guk Gi)
 - Indomitable Spirit (Baek Jeol Bool Gool), sir.

Red Sr Belt

- * What part of the foot do you use in these kicks?
 - Front snap kick - ball of your foot or the upper foot
 - Roundhouse kick - ball of your foot or the upper foot
 - Sidekick - knife foot or heel
 - Back kick - knife foot or heel
 - Axe kick - heel or bottom of the foot sir
- * Why do you do light-contact or full-contact sparring?
 - To demonstrate mental discipline, physical control, and self-confidence, sir.
- * How many movements(steps) in TaeKeuk 1 ~ 8 Jang?
 - Taegeuk 1 Jang : 18 Step, Taegeuk 5 Jang : 20 Step
 - Taegeuk 2 Jang : 18 Step, Taegeuk 6 Jang : 19 Step
 - Taegeuk 3 Jang : 20 Step, Taegeuk 7 Jang : 25 Step
 - Taegeuk 4 Jang : 20 Step, Taegeuk 8 Jang : 27 Step sir.