

ORAL TEST FOR COLOR BELT

Red Belt

*What is a bow?

- The bow is the Korean form of greeting.
There are two types of greetings: standing and kneeling, sir.

*When do you bow?

- We bow upon entering and leaving the school.
- We bow to the flag in the beginning and end of class.
- We bow to the Master, the instructor, Senior belt students, sir.

Red Jr Belt

* Tenets of Taekwondo

- Courtesy (Ye Ui)
- Integrity (Yom Chi)
- Perseverance (In Nae)
- Self Control (Guk Gi)
- Indomitable Spirit (Baek Jeol Bool Gool)

Red Sr Belt

* What part of the foot do you use in these kicks?

- Front snap kick - ball of your foot or the upper foot
- Roundhouse kick - ball of your foot or the upper foot
- Sidekick - knife foot or heel
- Back kick - knife foot or heel
- Axe kick - heel or bottom of the foot

* Why do you do light-contact or full-contact sparring?

- To demonstrate mental discipline, physical control, and self-confidence, sir

* How many movements(steps) in TaeKeuk 1 ~ 8 Jang?

- Taegeuk 1 Jang : 18 Step, Taegeuk 5 Jang : 20 Step
- Taegeuk 2 Jang : 18 Step, Taegeuk 6 Jang : 19 Step
- Taegeuk 3 Jang : 20 Step, Taegeuk 7 Jang : 25 Step
- Taegeuk 4 Jang : 20 Step, Taegeuk 8 Jang : 27 Step sir.

